

#### Editor's Note: Happy December!

We are ending this year and on the 12th step. A spiritual awakening is different for each of us. For me Step 12 means I am keeping it in the forefront; helping another AA member means it helps my recovery. Doing service also comes in many forms, allowing us to carrying the message!

#### Step 12:

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

# District 29 December 2025 Action Log Newsletter



#### 4th of every month.

Email them to:

#### d29actionlog@pugetsoundaa.org

In your reports please add time, day of the week and location of your meeting, so we share the message.

## "The Action District"

#### Reminder of Upcoming Events: More Info on Page: Dec 9th District 29 Monthly Business Meeting 15 Dec 13th Area 72 GV & Lit. Quarterly Meeting 20 Dec 13th Area 72 Corrections Quarterly Meeting 23 Jan 2nd Jan 2026 Area Business Quarterly 23 Ian 10th Area 72 Treatment Quarterly 20

All event information can be found by going to **area72aa.org** go to Events then click on calendar date. Some information printed on above page #.

### **7<sup>TH</sup> TRADITION CONTRIBUTIONS**

In keeping with AA's 7th Tradition of self-support, we accept contributions only from AA members.

\*When submitting contributions, please note your group's name, or with individual contributions note that you are a member of Alcoholics Anonymous.

#### **DISTRICT 29:**

**Mailing Address:** 

Alcoholics Anonymous - District 29

PO Box 1439

Puyallup, WA 98371

\*Make checks payable to Alcoholics Anonymous - District 29

#### **AREA 72:**

**Mailing Address:** 

Western Washington Area 72

1901 Cornwall Avenue #745

Bellingham, WA 98225

\*Make checks payable to Western Washington Area 72

Online contributions: https://area72aa.org

#### **CENTRAL SERVICE OFFICE:**

In person Contributions or Mailing Address:

Puget Sound AA

3640 S Cedar Street, Suite S

Tacoma, WA 98409

\*Make checks payable to Puget Sound AA

Online contributions: www.pugetsoundaa.org/contribute

#### **GENERAL SERVICE OFFICE:**

7<sup>™</sup> Tradition Contributions Mailing Address:

General Service Office

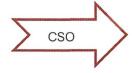
Post Office Box 2407

James A Farley Station

New York, NY 10116-2407

\*Make checks payable to the General Service Board

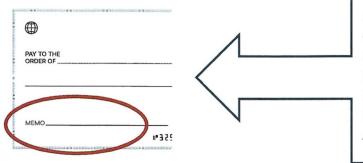
Online contributions: https://contribution.aa.org



Wondering how to contribute?
What is a prudent reserve?
How to pass a "virtual" basket?
Check out the AA pamphlet "Where Money and

Spirituality Mix"

Consider setting up a recurring contribution to become a Faithful Fiver. Faith Fivers are AA members who choose to contribute five dollars each month to support the Central Service Office in its efforts to carry the AA message of hope and recovery to the still suffering alcoholic.



MAKE SURE YOUR CONTRIBUTIONS COUNT!

DON'T FORGET TO INCLUDE YOUR **GROUP NUMBER** OR,

IF IT'S AN INDIVIDUAL CONTRIBUTION, NOTE THAT YOU ARE

A MEMBER OF AA.

#### TRUSTED SERVANTS

DCM: Fred J <u>dcm29@area72aa.org</u> Alt: Amanda M <u>altdcm29@area72aa.org</u> Secretary: Open <u>dist29secretary@area72aa.org</u>

Alt: Open

Treasurer: Dan C <u>dist29treasurer@area72aa.org</u>

Alt: Ryan W

Accessibility: Ty S <u>dist29accessibility@area72aa.org</u>

Alt: Open

Archives: Deborah M <u>dist29archives@area72aa.org</u>

Alt: Jess J

Corrections: Open dist29corrections@area72aa.org

Alt: Open

CPC: Scott N <u>dist29cpc@area72aa.org</u>

Alt: Open

CSO Director 1: Dave D <u>d29csodir1@pugetsoundaa.org</u>

CSO Director 2: Open <u>d29csodir2@pugetsoundaa.org</u> Grapevine/Lit: Janeah O dist29gvlit@area72aa.org

Grapevine/Lit: Janeah O <u>di</u> Alt: Open

Newsletter: Grace C <u>d29actionlog@pugetsoundaa.org</u>

Alt: Mary N

PI: DeeDee <u>dist29pi@area72aa.org</u>

Alt: George N

Registrar: Brittany U <u>dist29registrar@area72aa.org</u>

Third Legacy: Alana W <u>dist29thirdleg@area72aa.org</u>

Alt: Carol J

Treatment: Greg E <u>dist29treatment@area72aa.org</u>

Alt: Open

12 Step: Jake F

Facilities Liaison: Steve B

DCM = District Committee Member

**CPC = Cooperation with Professional Community** 

PI = Public Information

**GSR = Group Service Representative** 

CSO = Central Service Office

#### Elected WW Area 72 Trusted Servants of Panel 75

DELEGATE: Courtney S delegate@area72aa.org altdelegate@area72aa.org ALT DELEGATE: Lupita YM Derek S CHAIRPERSON: chair@area72aa.org ALT CHAIRPERSON: Lisa S altchair@area72aa.org Theresa P TREASURER: treasurer@area72aa.org ALT TREASURER: Derek N alttreasurer@area72aa.org

# District 29 Groups

Abovo Ground Gary S
Above GroundGary S Alt. Emillie M
Back To BasicsRex J
Eatonville
Elbe Friday Nighters
FIRBruce K
Alt. Kevin O
FirgroveLaurie S
Alt.
Graham Women'sMary N
Alt. Michelle L
Hang In TherePatty G
Alt.
Keep It Simple SumnerChris L
Alt. Don S
Living FreeRyan W
Alt.
LoftKeith G
Alt. Annie M
MeekerMisty M
Alt. Maria H
OhopChelsea P
Alt. Mandy B
On Track AgainBeatriz C
Alt. Holly C
Orting FiresideJoshua D
Alt. Jill N
Orting Hole In The DonutJill N
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Out to Lunch Bunch
Puyallup Men's StagShaun R
Alt.
Puyallup Service GroupBryce J
Alt. Jasmine P
Seeking Our SolutionRachel K
Alt. Rick B
Sober Sisters of SumnerAnnie M
Alt.
Solution Is The JourneyJohn P
Alt. Robert
Trudging The RoadAlan O
Trusted ServantsMitch M
Alt Innoch O

Alt. Janeah O

Women On Tapps......Sherrie S

#### **Trusted Servants Monthly Reports**

DCM: Fred JDCM Report on Page 6dcm29@area72aa.orgAlt: Amanda MAlt DCM Report on Page 6altdcm29@area72aa.org

Secretary: <u>dist29secretary@area72aa.org</u>

Alt:

Treasurer: Dan C <u>dist29treasurer@area72aa.org</u>

Alt: Ryan W Treasurer Report on page 5

Accessibility: Ty S <u>dist29accessibility@area72aa.org</u>

Alt:

Archives: Deborah M <u>dist29archives@area72aa.org</u>

Alt: Jess J Archivist Report on Page 22

Corrections: dist29corrections@area72aa.org

Alt:

CPC: Scott N CPC Report on Page 18 <u>dist29cpc@area72aa.org</u>

Alt:

CSO Director 1: Dave D

CSO Director 2: d29csodir1@pugetsoundaa.org
d29csodir2@pugetsoundaa.org

Grapevine/Lit: Janeah O <u>dist29gvlit@area72aa.org</u>

Alt:

PI: DeeDee B PI Report on Page 18 <u>dist29pi@area72aa.org</u>

Alt: Rex J

Registrar: Brittany Udist29registrar@area72aa.orgThird Legacy: Alana Wdist29thirdleg@area72aa.org

**Alt:** Carol J Third Legacy Report on Page 22

Treatment: Greg E <u>dist29treatment@area72aa.org</u>

Alt:

Newsletter: Grace C <u>d29actionlog@pugetsoundaa.org</u>

Hello to All in District 29 and Merry December,

This month is really a lot of things besides a busy holiday season. I really like this time of year, the smell of the pine trees, the beautiful decoration and lights. How people seem to dress up more. And it being my birthday month(bb), changes some perspective. Then there's the Greatest reason for the season. Help others and then just smile.

And hoping your recollection of this past year is a good one. Happy New Year!

Thank you for allowing me to share and be of service, Grace C

Alt: Mary N 12 Step: Jake F

**Facilities Liaison: Steve B** 

#### **Responsibility Statement**

I am responsible, when anyone, anywhere reaches out for help, I want the hand of AA always to be there, and for that: I am responsible.

#### District 29 Treasurer's Report November 2025

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Above Ground	\$ 40.00	\$ 40.00	\$ 30.00	\$ 30.00	\$ 45.00	\$ 53.00		\$ 40.00	\$ 49.00	\$47.00	\$46.00	
Back to Basics	\$ 40.00	\$ 40.00	\$ 40.00	\$40.00	\$ 40.00	\$ 40.00	\$ 40.00	\$ 40.00	\$ 40.00	\$40.00	\$40.00	
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Graham Group			<b>-</b>									
Graham womens group	\$340.00							\$56.74			\$90.38	
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Alt DCM						\$420.03	-					
Secretary Treasurer			\$14,60			\$71.94	\$70.00					
Newsletter			V. 1100			\$300.00	\$10.00					\$300.00
Accessibility						,						
Archives		\$82.45	\$99.08		64.57	\$22.03				\$93.62	\$28.78	-
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feeting Room Rent	\$ 200.00	\$200.00	\$ 200.00	\$ 200.00	\$ 200.00	\$ 200.00	\$ 200.00	\$ 200.00	\$200.00	\$200.00	\$200.00	\$200.00
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# DISTRICT COMMITTEE MEMBER DCM & Alt DCM REPORTS

#### **DCM**

I hope everyone had a good Thanksgiving. The District 29 Gratitude Banquet on November 15th was a smashing success despite our food challenges. I look forward to seeing everyone at the next business meeting. We will predominantly be discussing the budget which will go out with the meeting packets ahead of time.

In Service.

Fred Johnstone District 29 DCM dcm29@area72aa.org (253) 229-7435

Please note our change in Zoom information, for District 29 Business meetings held every 2nd Tuesday of the month. All AA members are welcome to join us.

Zoom ID: <u>882 6118 3379</u>

Passcode: 983646

#### Alt DCM

Season's greetings to all!

Our District 29 Gratitude Banquet on November 15<sup>th</sup> had wonderful speakers Kenny S from Alanon shared how he started a non-profit call 'Here and Now', using his experiences to help others and Derek S Area 72 Chair, who shared how he got out of the way and let the Steps guide him. Derek shared that Step 2 restored his soul.

Thanks to all who contributed to making the Gratitude Banquet a success! Your service and dedication are appreciated. And thank you to those who came to enjoy a wonderful evening of fellowship and celebration.

Have a safe and festive holiday season. Looking forward to the New Year 2026!

Amanda M District 29 Alt DCM <u>altdcm29@area72aa.org</u>

#### GROUP SERVICE REPRESENTATIVE GSR REPORTS

#### ABOVE GROUND\*

The Above Ground Group has meetings on Monday and Fridays at noon. This space has ground level entry, so it is accessible to all. There are large windows to let in the natural light of the day. Fall is now upon us and what better way to spend an hour and a quarter with good friends, hot coffee, and donuts? The church has provided us with an extra room that we can use for childcare or it can be good for private one-on-one talks. Come meet up with some old friends or meet new ones. Our meetings are held at:

#### Sumner First Christian Church 432 Wood Ave. Sumner, WA 98390

On the last Friday of the month, we provide cake and celebrate the sobriety of our friends. In November, we celebrated with:

Mark T - 11 months, Emilie - 2 years, Michelle N - 23 years, Russell P - 38 years

Ed K - 50 years, Dave H - 50 years

Congratulations to all!

There is a Correction needed: Last month it was listed as Denice H 22 months and it should of read

Denice 22 years. Apologies sent to this amazing woman.

#### BACK TO BASICS\*

#### Hello!

Back to Basics group meets every <u>Tuesday</u> at 7:00 p.m. at <u>Mountain View Lutheran Church</u> <u>3505 122nd Ave E, Edgewood</u>. In the white chapel basement. We have a home group speaker share every third Tuesday of the month. Birthday nights are open on the last Tuesday and we have treats to share. We hope to see you there!

Themed Birthday meetings Flyer is on page 17 Join us! December theme Italian

#### November Birthdays:

Lisa W - 15 years, Lisa L - 39 years

#### **EATONVILLE**

We are still here in the hills! Eatonville has 2 meetings a week, <u>Wednesday at 12:00 noon</u> and <u>Saturday at 9:00 am.</u> At American Legion Hall, 123 Rainier Ave N, Eatonville, WA 98328 We want to welcome this group back! Look forward to having your group at district meetings.

#### **ELBE FRIDAY NIGHTERS\***

Greetings from greater downtown Elbe in Zoom land!

We are an open Zoom meeting every Friday evening at 7:00 pm. Meetings have been small, so plenty of room if you want to take a Zoom - drive out to Elbe to join us! Merry Christmas! Toddy F Here is the Zoom sign-in info, or you can also find it at <u>ElbeAA.org</u>:

Congratulation to All
Our District 29 Peeps
Celebrating a Happy Birthday!

Join Zoom meeting Meeting ID: 208 089 505 Passcode: 008670 The *Fellowship In Recovery* Group is getting settled into our new location at Light of the Hill Church United Methodist Church, 11304 136th St E, Puyallup, WA 98374 at 7pm on

Tuesday evenings and 8am Saturday mornings. Our Birthday meeting are the last Tuesdays of the month and we have both AA and Al anon speaker. Most meetings begin with a short reading from the Big Book, except on the first Tuesday of the month when we study Traditions in the 12 &12. And the first Saturday we study a step from the 12 & 12. Families In Recovery - they will move with us. Tuesdays also includes a concurrent meeting of Families In Recovery Al anon Family Group. Our meetings are open meetings. We look forward to seeing you!

Please join us on Tuesday nights 7:00 pm and on Saturday mornings at 8:00 am.

Birthdays for November:

3 months - Lance W

5 months - Ian H

7 months - Chris

We want to thank Al-non Speaker - Chet K AA Speaker - Tom F

#### THE FIR IS MOVING!!

Fellowship In Recovery, an open meeting of Alcoholics Anonymous will begin meeting at a new location on Tuesday September 2<sup>nd</sup>. The new location is:

LIGHT OF THE HILL UNITED METHODIST CHURCH 11304 136TH ST. E. **PUYALLUP, WA 98374** 

We hope you will continue to join us for our Saturday 8am and Tuesday 7pm meetings.

Pre scout and plan your new route!!

#### FIRGROVE\*

Greetings from the Firgrove group, as always, we love to see new faces as well as familiar ones. I'm extending an invitation to visit us at Firgrove Mondays and Fridays at 8:00pm. All are welcome. We have plenty of seating and the coffee is always hot. We had a great turn out for birthday night.

Birthdays for November 2025:

24 hours Joey 3 months RI Andy 4 months 5 months Mike 32 years Jeff Jim 38 years

A special Thank you to Cindy G from Eastside Newcomers for sharing her story as our Guest speaker.

Hope to see you all at Firgrove soon.

We meet at Pilgrim Lutheran Church 10510 136th St E

Puyallup, WA 98374

Newcomers are always welcome

We meet Mondays (closed) meeting alcoholics only,

8pm to 9pm

Fridays (open) meeting 8pm-9:15pm

Business meeting 3rd Monday of the month at 6:30pm.

Followed with a Traditions meeting at 8pm-9pm

Birthday speaker meeting the last Friday of the month

8pm-9:30pm. With speaker, coins and cake.

In Service, Tim T

#### GRAHAM WOMEN'S GROUP\*

This group of wonderful women, are happy to share each other's experience, strength and hope. **Graham Women's Group meets on Saturday from 9am to 10:15am at:** 

Lutheran Church of St Paul 22419 108th Ave E Graham WA 98338 We are a hybrid meeting: Zoom ID: 428 9538 662 Password: 036816

**Birthdays** are celebrated the last Saturday of each month. We enjoy celebrating birthdays, come join us. **November Birthdays:** 

10 months - Melanie, 11 years - Jennifer Road Queen, 19 years - Mary N

Business meeting are held immediately after our regular meeting on the first Saturday of each month.

#### HANG IN THERE

# Hang In There (HIT) Group Report November 2025

We welcome everyone to our group! This is a kid and dog friendly meeting.

Our meetings on Zoom are held Monday – Saturday, 11 am-12:15 pm

Meeting ID: 870 333 8446 (New zoom ID) Password: 201999

\*We no longer provide verification letters of meeting attendance on Zoom.

We meet in-person Monday – Saturday, 11 am-12:15pm
At Christ Community Baptist Church – portable classroom #3
Address: 8016 176<sup>th</sup> St E, Puyallup, WA 98375
Meeting opens at 10:30 am for fellowship.

#### **Upcoming Events:**

Dec. <u>Business Meeting</u> will be held on Friday, 12/12/25 immediately after our regular meeting. Dec. <u>Birthday Meeting</u> will be held on Friday, 12/19/25 (Christmas is the last Thursday) during our regular meeting hours. Join us for cupcakes, ice cream and a speaker!

#### KEEP IT SIMPLE SUMNER

United Methodist Church, 901 Wood Ave, Sumner Wednesday 7pm Open meeting Wednesday 7 - 8pm. Birthday night is the last Wednesday of the month. Our business meeting is the 2nd Wednesday of the month after the regular meeting.

#### **LIVING FREE\***

The Living Free Group is located in Puyallup at the corner of 5<sup>th</sup> and Pioneer at the First Presbyterian Church, 412 West Pioneer Ave, every Sunday at 6:30 pm. This is an open meeting and all are welcome. We have a birthday speaker meeting the last Sunday of the month along with a potluck which starts at 6:00 pm. Our Home Group speaker for the month of November was Ed K, who shared his Experience, Strength and Hope with all who were there:

November Birthdays:

50 Years

Ed K

Happy Birthday Ed, thank you for 50 years of service to AA!

Hope to see all of you soon at Living Free!!!

Kevin C.

#### LOFT\*

#### Open Meetings:

Daily Meetings: Noon & 8pm

Mon, Tues, Wed, Fri, Sat & Sun ~ 6pm & 8pm
Friday, Saturday and Sunday at 10pm
Saturday and Sunday at 9 am

In-Person Women's Meetings: Wed & Sun ~ 6pm In-Person Men's Meeting:

Sunday at 8pm **Zoom Women's Meetings:** 

Wed & Sun ~ 6pm ID: 862 7295 5592 Password: 035163

#### Hello from the Loft Group! 10216 29th St E Edgewood, WA 98372

At the Loft we love to have fun! Our business meeting is held on the 3rd Thursday each month at 7pm. We ask that all chair people and trusted servants attend so they know what changes are happening at our cozy hall. However, everyone is welcome to come to our business meetings! Come see how they operate, have your voice heard, or get any questions you have answered on December 18th at 7pm.

We celebrate birthdays at the Loft in person the last Wednesday of each month at 6pm (women and children only) and the last Friday of each month at 8pm (open) and with coins, a speaker, and treats. The Loft women on Zoom also celebrate birthdays on the last Wednesday of each month at 6pm, followed by a speaker and time at the end of the meeting for open sharing.

#### November 2025 Happy Birthdays

Becky J	24 hours	Jamie R	5 months	Tim W	1 year
Devyn T	1 month	Tanya M	6 months	Tyler T	4 years
Karisa W	2 months	Ken	6 months	Sabrina M	6 years
Ro V	2 months	Alexa	6 months	Sharyl B	8 years
Michael G	2 months	Brandon	7 months	Jennifer M	11 years
Hilary M	2 months	Robert	7 months	Lisa W	15 years
Micheline P	3 months	Pat	8 months	Lani K	30 years
Jame W	3 months	Krystal M	10 months	JuliaW	21 years
Nick V	4 months	Jen C	11 months	Pam C	41 years
Connor K	4 months	Laura K	11 months		
Nolan P	4 months	Desirae M	11 months		
Erin T	5 months	Jamie	11 months		

#### Thank you to our Birthday Speakers:

Lynn, Jeff and Joanie L.

Happy Birthday Everyone! Remember to stay in the middle of the herd.

#### MEEKER FELLOWSHIP\*

#### **November 2025 Birthday celebrations:**

24 hours: Ellie A 24 hours: Jesse L 30 days: Jeff S 60 days: Andy 4 months: Claire V 2 years: Nicole C 2 years: Heather G 8 years: Christine G 9 years: Sam P 13 years: Jose M

\* Saturday December 27th\*
Birthday Potluck Starts at 5pm,
with Speaker Meeting to follow.

#### Check out our event

# New Year's Eve Ball

flyer on page 24

Please purchase tickets soon so we know how many dinners to get.

#### **Meeker Fellowship**

\*new location

Puyallup Elks Lodge 314 27th St NE Puyallup, WA 98372

Entrance to the left of the pool, Do not enter the main door.

#### Meeting times:

Mon-Sun 9am, 12pm, 5:30pm, \*8pm

Sat & Sun 6am

Sat 9am Women's meeting Sun 9am Men's meeting

\* The 8pm meetings would love your support and fellowship. Please come join us if you can.

#### OHOP\*

OHOP Nuts and Bolts meets in "God's Garage" next to Bethany Lutheran Church located at 26418 Mountain Hwy East, Spanaway, WA 98387

We meet 7 days a week at <u>7pm</u>. Monday book study night.

On Monday, Tuesday, Wednesday and Friday we have <u>Closed</u> meeting (Alcoholics only). With <u>Open</u> (all welcome) on Thursday, Saturday and Sundays.

Our business meeting is on Saturday \*after\* the second Tuesday each month at 5pm.

Our birthday night is the last Saturday each month at 7pm.

We celebrate birthdays for 24 hours and each month up to year, 18 months and all year celebrations. The power was out on our birthday meeting. We transferred to a restaurant and still celebrated birthdays!

#### November Birthdays:

Amber B - 1 month, Chris E - 2 months, Bryan W - 4 months, David S - 5 months, Tiffany K - 7 months, Seth H - 3 years, Chelsea P - 6 years, Jesse C - 18 years, Michelle M - 23 years

#### ON TRACK AGAIN

Our group meets in the Mt Rainier Dining Car, located <u>54106 Mountain Highway East</u>, <u>Elbe</u>, <u>WA 98330</u>. We meet every Wednesday night at 6:00pm for an open meeting. Then once a month on the second Sunday join us for a <u>Spiritual Breakfast Speaker Meeting</u>: (See page 19) seating is open at 9:30am, meeting begins at 10 am. Our business meeting is held on the last Wednesday of the month, following the regular meeting. We encourage you to go for a scenic drive and join us, to share our experiences, strength, and hope.

#### ORTING FIRESIDE\*

#### **Greetings from Orting Fireside Group!**

Our meetings are on Mondays and Thursdays 6:30-7:30 pm. We meet at the <u>United Methodist Church</u>, <u>109 Train St SE</u>, <u>Orting</u>, <u>WA 98360</u> Normally we celebrate sobriety birthdays on the last Thursday of the month at 6:30 pm. This month we will celebrate birthdays on Monday Dec 22 6:30pm. Join us for pie, hot coffee, coins and a speaker. <u>We will still have a meeting on Christmas Thursday 6:30pm.</u>

November Birthdays: Michelle H 1 month

Our Speaker was Pat, her home group is the FIR group. We were thankful to have her.

#### ORTING HOLE IN THE DONUT\*

We welcome you to come visit Orting Hole In the Donut! <u>United Methodist Church, 109 Train St SE, Orting, WA 98360</u>. Sundays at 11:00 am. We are known for a small town with a Big View. We celebrate birthdays the last Sunday of the month at 11am. We always have hot coffee and fresh donuts. In **November** we celebrated birthdays with: **Dave R 22 days**, and **Michelle H 2 months**We are happy to announce starting on Jan 4th (and every first Sunday of the month) at 11:00 we will be doing a Big Book study group. Please come join us.

#### OUT TO LUNCH BUNCH\*

The Out to Lunch Bunch is an open meeting of Alcoholics Anonymous. We meet at noon each Tuesday, Thursday, and Saturday. Our Tuesday meeting is a book study. We are currently reading the stories in the back of the Big Book and having some excellent discussions. As the cooler months are here, we will be taking advantage of the heat inside our room, making us the warmest kids on the block. The church has provided us with an extra room that we can use for childcare or it would be good for private one-on-one talks. We are located at:

Sumner First Christian Church 432 Wood Ave. Sumner, WA 98390

The last Saturday of the month is our birthday meeting, during which we provide coins and some sort of treat. All we ask you to bring is your experience, strength, and hope.

#### In November we celebrated with:

Phillip S 2 months, Michelle N 23 years

Congratulations to everyone and to all with another day of sobriety.

Thank you to Marisa for bringing your over the top, melt in your mouth special cake. It was very delicious carrot cake topped with cheesecake!

#### PUYALLUP MEN'S STAG\*

Peace Lutheran Church, 214 East Pioneer, Puyallup, WA 98372 We are a Men's Thursday meeting at 7:00pm. With the last Thursday of the month being potluck/speaker meeting at 6:30pm.

Happy Birthday to our November Birthday!!!

John - 12 days Scott - 4 months Mike - 5 months Jim - 38 years

Thank you to our Speaker - home group member Dick, Who really delivered a great message and let us all get to know him more.

#### PUYALLUP SERVICE GROUP\*

Birthdays for November

3 month - RJ M 4 months - Andy F 5 months - Mike R 4 years - Shane K Hello we are Puyallup Service Group
We meet Wednesday and Saturdays at 8-9pm.
Our business meeting is the 3rd Saturday of every month.
Our birthday night is the last Saturday of every month.
Our phone commitment is the 4th Friday of every month at the CSO from 6-9pm, all are welcome to join.

We meet at Celebration Lutheran Church 2500 Shaw Road East Puyallup, WA 98371

#### SEEKING OUR SOLUTION\*

Seeking Our Solution (SOS) meets every Saturday at 8:00 am at <u>First Presbyterian Church of Puyallup</u>, <u>412 W Pioneer Ave</u>, <u>Puyallup</u>, <u>WA 98371</u>. This is an open meeting. Families and children are welcome. On the second Saturday of each month, we read from the <u>Grapevine</u>. Directly afterwards, we have our business meeting, most recently we discussed strategies to increase home group membership and engagement. The group voted to begin conducting business during the last 30 minutes of the meeting on the third Saturday every three months, beginning January 17th, 2026.

On the last Saturday, we host a breakfast potluck to celebrate milestones in recovery. All are welcome -bring a dish and come hungry! **In November, we proudly celebrated these milestones:** 

Daniella M 11 months, Rick B 18 months, Will Smith 20 years Best quote of the birthday meeting: "If you can talk it out, you don't have to drink it out."

Keep coming back!! Especially if you need it around the Holidays!!!

Winner of the group Award at the 2025 District 29 Picnic for the Best Decorated Basket

#### SOBER SISTERS OF SUMNER\*

S.S.S. is an open Women's meeting that meets every  $\,\underline{\text{Wednesday}}\,\,12:30\text{--}1:30\,$  .

We have been there so we'll be here for you. Let's grow together. We are a fun group and understand the seriousness of getting and staying sober.

We meet at

Celebrating Birthdays on November 2025:

Sue E 3 months
April P 6 months
Janice M 9 years

Sumner First Christian Church 432 Wood Ave Sumner, WA 98390

Our business meeting is the 3rd Wednesday of the month, right after regular meeting. Birthday meetings is the last Wednesday of the month. Please join us for the celebration of sobriety.

#### SOLUTION IS THE JOURNEY

We are going strong and open 5 days a week Monday thru Friday from 12 to 1.

We celebrate birthdays on the last Friday of the month. And our business meeting is held on the second Tuesday following the regular meeting. We meet at: Graham Church of Christ 9524 224th Street East Graham, WA 98338

TRUDGING THE ROAD

First Presbyterian Church 412 W Pioneer Ave. Puyallup, WA 98371 Group introduction flyer on page 17. We would like to welcome a new group to District 29, their meetings started in May 2025. Every Thursday at 6 pm. At the October District Business meeting we had the pleasure of meeting Alan O. This meeting has concurrent AA, Ala-non and Alateen meetings, the whole family can have a meeting.

#### TRUSTED SERVANTS\*

Hello from Trusted Servants.

We always welcome everyone to come and meet for one hour every Monday @ 7pm, Faith Covenant Church. 1915 Washington Street, Sumner.

Our business meeting are held on the 3<sup>rd</sup> Monday of the month at 6pm. Trusted Servants always has room for anyone who would like to be a part of a fellowship filled with strong sobriety and principles. Please join us and make Trusted Servants your home group.

We believe in supporting the new people, so we carried the message to Royal treatment center. Thanks, Courtney, for setting it all up.

We celebrate AA birthdays the last Monday of each month with THE BEST potluck in the World according to Gary, starting at 6:15pm. Birthday coin celebration and open sharing starting at 7pm.

#### Celebrating November AA birthdays:

Gia - 24 hours	Cowboy - 14 years
Erin - 4 months	Jim - 38 years
Jerry - 7 months	

Happy Birthday to all. We really enjoyed the celebration and hope to see you all again soon!

In Service,

**Trusted Servants** 

#### **WOMEN ON TAPPS\***

#### Lake Tapps Community Church 17017 Forest Canyon Road East Lake Tapps, WA 98391

WOT is an open Women's meeting on Monday nights 7 pm to 8:15 pm.

#### **OUR GROUP'S ROTATING SCHEDULE IS:**

- 1ST MONDAY OF THE MONTH IS BIG BOOK STUDY
- 2ND MONDAY IS STEP STUDY
- 3RD MONDAY IS TRADITION 12 &12 STUDY
- LAST MONDAY IS BIRTHDAY/SPEAKER MEETING

We enjoy the increasing number women at the meeting. We are grateful for the joy of fellowship created by sharing our experience, strength and hope with each other. We would like to thank our birthday night speaker Katie. Her share was a strong reminder how alcohol is so cunning, baffling and powerful. Her share was very heartfelt by so many.

#### Birthdays Celebrated in November 2025:

Louise1 monthMandy7 monthsBrittany2 monthsRebecca18 monthsJudy6 monthsJanice9 years

#### **GSR EVENTS**

GSRs: How was the biggest event and responsibility of a GSR? The votes you carried to the October 3-5th Assembly. Also, if you don't have an Alternate yet, their is now only one year left of your rotation. Help teach a group member the AA process.

Jan 13th & Feb 10th
All District meetings are held on the
Second Tuesday of every month
In Person at:

Sumner First Christian Church 432 Wood Ave, Sumner, WA 98390 Or:

> This is new Zoom info Zoom ID: 882 6118 3379 Passcode: 983646

Schedule Committee Meetings:
(only the District meeting is on Zoom)
2nd Tuesday Dec 9th at 6: 30 pm
District 29 Monthly Meeting and on Zoom

3rd Tuesday Dec 16th at 6:30 pm District 29 Treatment Committee

4th Tuesday Dec 23rd at 5:30 pm District 29 CPC/PI meeting

1st Tuesday Jan 6th, 2026

2nd Tuesday Jan 13th at 6:30 pm District 29 Monthly meeting & on Zoom Note from the planning committee: Hello District 29.

Gratitude Banquet on Saturday Nov 15th had so much success with all volunteers helping, thank you for your service. We could not of done it without you. We have many to thank, with all group members pitching in thank you so much:

These are the Groups, donated some amazing baskets. We want to thank everyone that helped put these together. We received (with D29 and individuals) 26 raffle items:

Above Ground **Back To Basics** FIR Firgrove Graham Women's Hana In There Keep It Simple Sumner **Living Free** Loft Ohop Orting Fireside **Out To Lunch Bunch** Puyallup Men's Stag Sober Sister of Sumner Solution Is The Journey **Trusted Servants** Women on Tapps District 29 Clyde & Lucinda Steve B Grace C

The planning committee sincerely thanks everyone that had a part in this event. Some helped and didn't attend. Some helped set up but didn't attend. It really takes so many, in service, Thank You!

#### **GSR PREAMBLE**

We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A.

We realize the ultimate authority is a loving God as He may express Himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that they can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship.

Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our group and A.A. as a whole.

GSRs invite a group member to visit a District meeting. Trusted Servants are needed, this is a current list of open position. Please note you will be <u>encouraged to attend the monthly District 29 meeting, submit monthly report to the Action Log newsletter and attend Committee Quarterlies.</u> If any of these positions interest, you or you would like to know more please contact DCM Fred J via email at dcm29. Blue letters means Alt only needed.

Secretary And Alt: The Secretary is responsible for maintaining a record of District business and activities for the GSRs and other committee members.

<u>Corrections Chair And Alt:</u> This position consists of any project reaching out to the alcoholic in prison, jail or other correctional facilities, writing alcoholics in prison, or helping the AA who is being released from prison to get to a meeting on the outside. Attends the Corrections Committee meeting, the District 29 monthly business meeting and the Correction Quarterlies.

<u>CSO Director 2:</u> District 29 has two representatives at the Central Service Office serving on the board of directors. The two members are required to attend the monthly meeting of the CSO Committee and the monthly District 29 meetings. Works with other Reps from Districts 43, 44, 45, 54 & 9 and other committees.

<u>Treatment Alt:</u> Helps reach the alcoholic in hospitals and treatment facilities. Programs can include: sponsoring or coordinating in-house meetings, providing panelists to describe what AA is and what is not, and proving the AA message through book, pamphlets and word of mouth. Attends the Treatment Committee meeting, the District 29 monthly business meetings and Treatment Quarterlies.

<u>Grapevine/Literature Alt:</u> The Grapevine and Literature Representative helps groups and GSRs with subscriptions/ information on the AA Grapevine. He/She also Reeps the groups up-to-date on new or featured materials published by AA Grapevine and AA World Services. He/She attends monthly District 29 meetings and participates in the Area Grapevine and Literature Quarterlies.

<u>Cooperation with the Professional Community Alt (CPC)</u>: Seeks to explain what AA is and what it is not to professionals who may encounter alcoholics. Typically, CPC carries information to doctors, nurses, dentists, counselors, treatment facility workers, lawyers, police, judges, teachers, clergy, corporate employee. assistance professionals, business managers and union rep leaders.

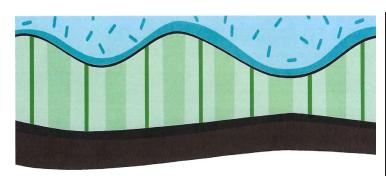
Attends the CPC Committee meetings, the District 29 monthly business meeting and CPC Quarterlies.

<u>Facilities Liaison Alt:</u> Responsible for being Key holder, setting up monthly District 29 meetings as well as putting away when meeting ends. Makes coffee and is the liaison between the facility and group.

<u>Accessibility Alt:</u> Provides AA message to those who would otherwise not have access. Attends Accessibility Committee, the Quarterlies and the monthly District 29 meeting. Meets the first Wednesday of the month at 6:30pm at the CSO.

<u>12 Step Service Committee (TSSC) Alt:</u> (This Committee is a Sub-Committee of the CSO in Pierce County): Maintains 12th Step list, coordinates home answering service, CSO phone volunteers and 12 step work/committees. Attends TSSC/12 Step meetings. Quarterlies and monthly District 29 meeting.

<sup>\*\*</sup> Please reach out if you'd like to be ofservice at the District level by contacting



# Back to Basics Monthly Birthday Potluck

Join us for Fellowship on the LAST TUESDAY of every month 6 pm, Prior to the Regular Birthday Meeting at 7

Mountain View Lutheran Church 3505 122<sup>nd</sup> Ave E, Edgewood WA

AUGUST: BBQ

SEPTEMBER: Hot Dog Bar (we provide the dogs)

**OCTOBER**: Taco Tuesday

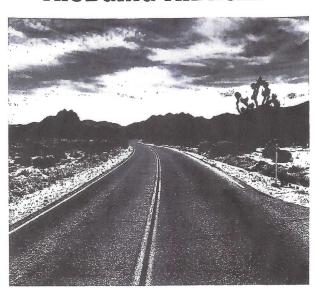
NOVEMBER: Baked Potato Bar (we provide the spuds)

30th **DECEMBER**: Italian

Bring your favorite dish and come celebrate birthday night with us!



# TRUDGING THE ROAD

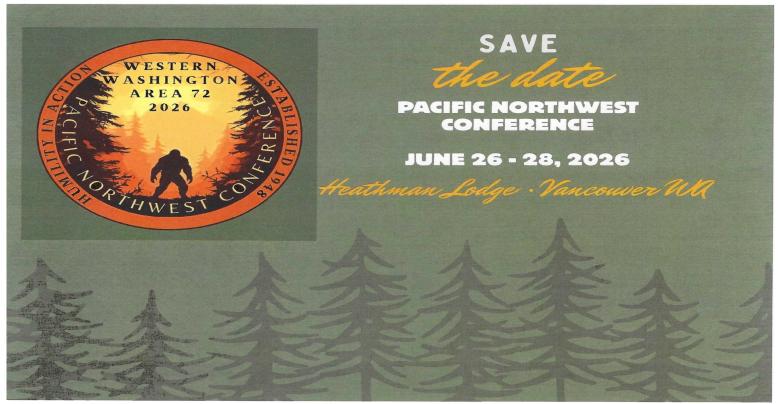


An open meeting of Alcoholics Anonymous Big Book Study Thursday Evenings @ 6:00pm

Al-Anon and Alateen meet concurrently

First Presbyterian Church of Puyallup 412 W. Pioneer Ave Puyallup, WA Starting May 1st 2025





#### November 2025 District 29 PI/CPC Monthly Report

Hello to All,

PI (public Information) and CPC (Cooperation with Professional Community) have a combined meeting on the 4th Tuesday of every month at the First Christian Church, 432 Wood Ave, Sumner at 5:30 pm. Please send a member from your group to this meeting to collect information about what they've been accomplishing and how your group can help carry the message. Individuals are welcome to join also. When the school year started PI is taking panels into 3 different HS. CPC will be talking to a group at Fire and Rescue class. Interesting stuff going on if you would like to be part of sharing our knowledge of how AA works for us.

In Service,

DeeDee PI Chair - dist29pi@area72aa.org Scott N CPC Chair - dist29cpc@area72aa.org Alt. PI George N (253)377-0453

\*Check out the flyer below: Our D29 PI committee will be presenting Tradition 6. Come join us!

# 12 TRADITIONS WORKSHOP



Hosted by The Public Information Committee

Join us on Saturday
December 13th
9:30AM - Fellowship
10am to 2:30PM - Workshop

Good Shepherd Lutheran Church 140 E 56th Street Tacoma, WA 98404

Learn more about how the Twelve Traditions are a set of guiding principles for Alcoholics Anonymous and the fellowship as a whole, that ensure our unity, survival, and effectiveness.

- -Speaker Panels
- -Fellowship & Fun
- -Discussion Sessions
- -Breakouts
- -12 Traditions Skit
- -Lunch Provided

For more information, please email: pichairepugetsoundaa.org





**WHEN January 9-11, 2026** 

THE SALVATION ARMY CAMP ARNOLD

33412 Webster Road E., Eatonville, WA 98328

#### RETREAT MASTERS

Marty J. — Richmond BC Jeff B. — Richmond BC

REGISTER ONLINE AT

BuckCreekRetreat.com

SECURE YOUR SPOT – REGISTER TODAY

REGISTRATION FEE

\$190

HOODIES

\$40

Steps 8 & 9

IF YOU HAVE QUESTIONS, CONTACT Robert M. 253.209.1999

**SCAN TO REGISTER** 





# SPIRITUAL

# BREAKFAST

@Mt. Rainier Railroad Dining Co. 54106 Mountain Hwy E. Elbe

Second Sunday of each month

**Alcoholics Anonymous Speaker Meeting** 

Come early and enjoy a bite to eat in this full service restaurant or just bask in the fellowship!

Each meeting will feature a speaker from the program.



#### SOUTH KING ALANO CLUB

A Clean & Sober Community In Recovery

SANTA & MRS. CLAUS ARE COMING TO TOWN!

Sunday A Dec. 21st 1-4 pm



IF YOU WOULD LIKE TO DONATE MONEY TO PURCHASE GIFTS, OR DROP OFF AN ITEM TO GIVE AWAY, PLEASE DO SO AT THE CLUB'S COUNTER DURING THE HOURS OF 6:30AM-8:00PM,

THE SKAC CAN PROVIDE A TAX FORM FOR YOUR DONATION, ASK AT THE COUNTER

The South King Alano Club is a 501(c)(3) nonprofit organization supporting the recovery community

1317 Harvey Road, Auburn WA 98002 253-939-6541 www.southkingalanoclub.org ☆ @SKAlanoClub

SANTA'S COMING

Dining Co. 6pm











#### Area 72 Grapevine, La Viña, and Literature Quarterly

December 13, 2025, 10 am - 2 pm

Hosted by District 9 and others

This Meeting will be held in-person and hybrid

#### Archives Repository of Western WA 72 3905 Steilacoom Boulevard SW Lakewood, WA 98499

or, Join us virtually, Meeting ID: 873 2199 0075 Passcode: 620280

https:area72aa-org.zoom.us/j/87321990075?pwd=SUxzVG42QWRDQytjU0lyR0dmbm96dz09

Come join us in person for fellowship starting at 9:30 am

Light potluck encouraged

The business meeting will start as close to 10:00 am as possible and end at approximately 2:00 p.m.

Special guest, Area 72 Delegate, Courtney S.

Interpretation will be available, Spanish to English and English to Spanish

We look forward to seeing you



#### Step 12

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

#### Tradition 12

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

#### Concept 12

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and re-serve be its prudent financial principle; that it place none of its members in a position of un-qualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

#### Principle 12

Service

#### The Twelve Steps of Alcoholics Anonymous

Step 1

We admitted we were powerless over alcohol - that our lives had become unmanageable.

Step 2

Came to believe that a Power greater than ourselves could restore us to sanity.

Step 3

Made a decision to turn our will and our lives over to the care of God as we understood Him.

Step 4

Made a searching and fearless moral inventory of ourselves.

Step 5

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Step 6

Were entirely ready to have God remove all these defects of character.

Step 7

Humbly asked Him to remove our shortcomings.

Step 8

Made a list of all persons we had harmed, and became willing to make amends to them all.

Step 9

Made direct amends to such people wherever possible, except when to do so would injure them or others.

<u>Step 10</u>

Continued to take personal inventory and when we were wrong promptly admitted it.

Step 11

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Step 12

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

#### The Twelve Traditions of Alcoholics Anonymous

(Short Form)

- Our common welfare should come first; personal recovery depends upon A.A. unity.
- 2. For our group purpose there is but one ultimate authority a loving God as He may express Himself in our group conscience. Our leaders are but trusted servant; they do not govern.
- 3. The only requirement for A.A. membership is a desire to stop drinking.
- 4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
- Each group has but one primary purposeto carry it's message to the alcoholic who still suffers.
- 6. An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
- Every A.A. group ought to be fully self-supporting, declining outside contributions.
- 8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

#### November 2025 District 29 Archivist Monthly Report

Hello District 29,

The District 29 Gratitude Banquet Archives space was just right for the items displayed. Display went up easily and the tear down went just as well. We delivered all items back to storage too. Not planning on going to storage this month. Thank you District 29 for a great banquet. Looking forward to our next one in 2026. Have a great Christmas and Happy New Year to you all. Until then.

Also our Area Archivist Maryland N will be meeting with an out of state member in 2026 to see if it's possible to salvage cassettes and a couple reel to reels. And we will be storing them in a dry storage until then.

We have one working pamphlet display rack if our community can use it? Please let me know so I can bring it.

Thank you for viewing District 29 Archives table at the Banquet, where we enjoyed having items on display.

Yours in service, D29 Archives Chair Deborah M dist29archives@area72aa.org

# HOLIDAY MESSAGE from Bill

December 1970

Gratitude is just about the finest attribute we can have, and how deeply we of AA realize this at Christmastime.

Together, we count and ponder our blessings of life, of service, of love.

In these distraught times, we have been enabled to find an always-increasing measure of peace within ourselves.

Together with all here at AA's General Service Offices, Lois joins me in warmest greetings to each and all of you, and we share our confident faith that the year to come will be counted among the best that our Fellowship has ever known.

Bill

#### November 2025 District 29 Third Legacy Monthly Report

Hello District 29 Family,

This is Alana W, your District 29 Trusted Servant for Third Legacy. Carol J and I are very excited to serve our groups. We believe that our presentations could spark an interest at both levels when we see others actively serving.

We would like to come to your Business, Birthday or Regular meeting to talk about service. Each standing committee will share briefly about their position, and how service has impacted their sobriety.

We look forward to meeting new groups and our calendar is open for the next few months.

In Service,

Alana W Chair, Carol J Alternate

alanaw28@yahoo.com or dist29thirdleg@area72aa.org

#### CORRECTIONS OUARTERLY



ZOOM: 835 5063 3777 PW 053851

#### **Deets:**

Doors open at 9:30. Meeting starts at 10.

Food and Drinks provided.

Seventh Tradition will be observed.



Questions: Aimee B at Corrections@area72aa.org

Pacific Region AA Service Assembly
The PRAASA website now has the Registration and
Hotel information available. You will enjoy going
to this wonderful event. It's an assembly of AA
members getting and sharing ideas about service.
Many topics and panels. And it's in Hawaii this year.



'imi a like ka pae

PRAASA 2026



#### Western Washington Area 72 January 2026 Business Quarterly



# January 2nd & 3rd 2026 7 Cedars Casino & Resort 270756 Highway 101 Sequim, WA 98382 Host Hotel Info 7 Cedars Casino & Resort Room Rate: \$149.00/night + tax To book a room, visit: https://gettaroom.b4checkin.com/7cedars/rip/WesternWashingtonArea72 or Call: 360-683-7777 and press 1. Let the Front Desk know you are with the Area 72 Group. Hotel rooms must be booked by December 14, 2025 to get the group rate Friday Evening @ 7 Cedars 5:00 pm — 7:00 pm — Dinner on your own 7:00 pm — 9:00 pm — Area Inventory 9:00 pm — Ice Cream Social Saturday @ 7 Cedars 7:30 — 8:30am — Doors Open for Fellowship 8:30am — Noon — Business Meeting Noon — 1:00pm — Lunch

Area 72 January 2026 Business Mee Please complete and postmark by 12	Please circle your position:			
Quarterly Business Meetings are mean are forwarded to Western Washington Please check all items you want to inci to: District 22 AA	GSR Alt GSR DCM Alt DC Past Delegate Volunteer Member			
Registration Cost (In-Person) Registration Cost (Virtual) Registration Cost (Both) Meal cutoff for mall in registrations i Friday Night Ice Cream Saturday Lunch (Boxed Lunch) o Deli Meat O Vegetarian O Gluten-Free	To register, visit the area website or complete and postmark this registration form by 12/5/2025 to: District 22 AA, ATTN: Johnny L 150 Parkway Heights Drive Port Angeles, WA 98362			

Last Name:				
Email:				
District:				
Special Accessibility Requirements? Please contact altchair@area72aa.org				
Interpreter request deadline: December 1, 2025 at languagechair@area72aa.org				
Any questions email shimkobecky99@gmail.com				

\*Registration fee helps compensate for rent and expenses per Motion 90.2 and is a voluntary contribution

Also look on <u>AA.org</u> under what's new for information.

#### HIGHLIGHT

# Special Forum Online for Deaf Alcoholics Anonymous Members

#### SAVE THE DATE!

What: Special Forum for Deaf Alcoholics

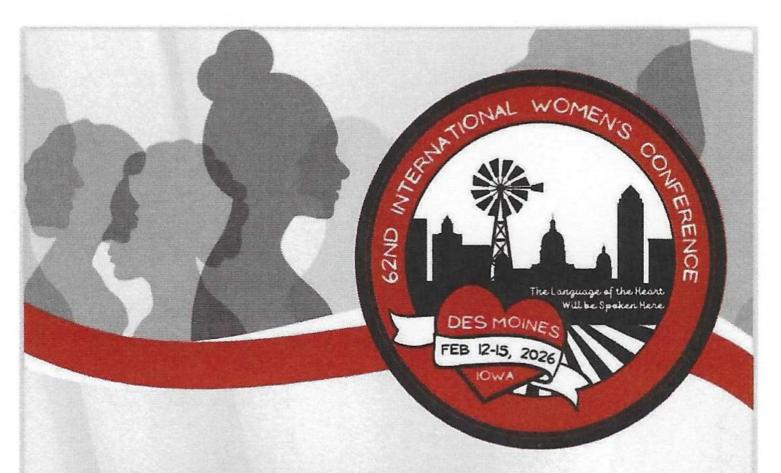
When: January 17, 2026

Where: Online

A Language and Cultural Special Forum for Deaf A.A. Members who use American Sign Language (ASL), Langue des Signes Québécoise (LSQ) and Lengua de Señas Mexicana (LSM).

Please help us get this information out to Deaf alcoholics using the following YouTube digital flyer:

https://youtu.be/HZjrfG1fzjM?si=BCbjsJO-7n6y-s63



# INTERNATIONAL WOMEN'S CONFERENCE

For those with a desire to stop drinking.

# JOIN US ONLINE! FEBRUARY 12-15, 2026

Just \$20 USD to attend online. Includes 4 days of experience, strength and hope – modem to modem! Sign up today.



SCAN HERE TO REGISTER AND LEARN MORE!



www.internationalwomensconference.org

# 37<sup>TH</sup> INTERNATIONAL A.A. MEN'S CONFERENCE MIRACI OGRESS HILTON SEATTLE AIRPORT AND CONFERENCE CENTER 17620 INTERNATIONAL BLVD, SEATTLE, WA Deadline for pre-registration is March 31, 2026 LE, WA 98188

In April 1986, four men discussed the idea of holding a National AA Men's Conference after hearing from some AA women about how successful their Women's Conference was every year. Ted H. was contacted by Sam L., Demers, Sam W., and Mike F. to collaborate. The men met at Ted's home in Cleveland, Ohio, to devise a plan of action.

Letters were sent out to the Cleveland AA community, inviting them to participate in the planning of the conference. A meeting was held in response, and a committee was formed to raise funds. The men set a fundraising goal of \$1,500. Through raffles, picnics, dances, and out-of-pocket donations, they successfully raised the seed money needed to hold the first conference.

Since then, 36 cities have hosted the International AA Men's Conference. The 37th Annual 3-Day International AA Men's Conference will be held in Seattle, Washington, from April 10 to 12, 2026. We hope to see you there!

#### **EVENT REGISTRATION**

WWW.IAAMCAB.ORG OR BY MAIL AT: IAAMC 2026, 11012 CANYON RD E SUITE 8 PMB 114, PUYALLUP, WA 98373

(Make checks payable to IAAMC 2026 Book a Hotel Room: https://book.passkey.com/go/IAAMC2026 For more information on the conference, contact Don N. at (253) 365-8073, Jeffery R. at (253) 754-7617, or Randy M. at (253) 278-9842

Qty	Registration and Saturday Evening Banquet, \$165.00 Registration only, \$50.00 T-Shirt select size [S, M, L, XL: \$19.50, 2X: \$21.50, 3XL, 4XL, 5XL, 6XL: \$23.50]
□ \$ □ \$	Bus Tour of the Seattle Area (\$80.00)
Total: \$	
Name:	NAN
Phone:	
Address 1:	
Address 2:	
City:	TO NAAMC
State:Zip:	
Email:	DED

I would be interested in volunteering for a workshop or panel





SOBER ERA

# NEW YEAR'S EVE BALL

DECEMBER 31
ELKS CLUB
314 27<sup>th</sup> St NE, Puyallup,
WA 98372

Potluck - 6pm Speaker - 7pm Dance - 8pm

#### **Costume Contest**

Masquerade, Roaring 20's, Hippie 60's, Disco 70's Rock, 80's, Throwback 90's

Main Course Provided Potluck Sides

Adults \$20 Kids \$10

Contact: Sarah 253.386.8286

Maria 253.468.7769

### Members Page

This page is for AA members of District 29. Send in AA related quotes, cartoons, questions or short inspirational notes. If this page creates interest I'll keep it going. Ask a group member to submit something related to next month's topic Tradition 1. Send it to this email by the 4th of every month <u>d29actionlog@pugetsoundaa.org</u>. Please take a moment to enjoy these and share!

We want to thank this anonymous AA members for sharing on Step 12.

Step Twelve

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

For years I was confused between a Spiritual Experience and a Spiritual Awakening, I don't claim to know, but I have a definition that works for me. As an older person the only future I could see was to continue drinking until the very end. At a moment in time, when my world was at its lowest, I was suddenly overcome with two very powerful emotions. A will to live and a desire not to drink. I call this my spiritual experience. What has happened since is what I call my spiritual awakening. I am starting to see life in a new light. I can marvel at the sunrise and see the amazing mountains. I am seeing life through a lens of what I can give and not what I can take. People are not tools to get what I want but gifts in a life I am just starting to learn to live. This is my spiritual experience. All thoughts are the opinion of the writer

Note from the Editor: I want to thank Steve B, for every month for almost 3 years sending me whatever topic of the month is. I have so appreciated it and love reading them. (He is not the only one that has sent in Steps or Traditions I thank them also.) Normally this is kept anonymous, but his continuous, unwavering contribution warrants a thank you. One time he mentioned "It helps me a lot, too." And I like that.

"I had to stop drinking to see how great life really is." Morgan Freeman

These two items are from page 36 in the December 2025

Grapevine. But the story that surrounds these two postings starts on page 32 and it's titled "Sometimes Miracles Happen" I hope you get to read the great story of how this one person felt responsible whenever someone reaches out their hand for AA. And his 12 step journey.

The greatest gifts I can bring to my friends in need are love and hope. I cannot put in their hearts what is in mine, but I can show them the path I took and set them on their own\_

Normally, the hospital men I have worked wit **NO MATTER WHAT BOOK** How do we get through fear, pain or loss when drinking is not an option? The stories in this

very differe in demeand as well as i severity of symptoms. I have learn health in th situation ca take treme dous swing in a very sh

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For those thinking it's hard to stay sober around the Holidays: I will stay sober, just for today because today is all I need to focus on.

Grapevine book show

how AA members use

to get through difficult

times. For Info, visit

the tools of the program

aagrapevine.org/books.

Sobriety reminds me that even on my hardest days life is still so much better than it used to be.

Help someone feel better around the Holidays by calling them, by going to a meeting or just saying "hi" with a warm smile.

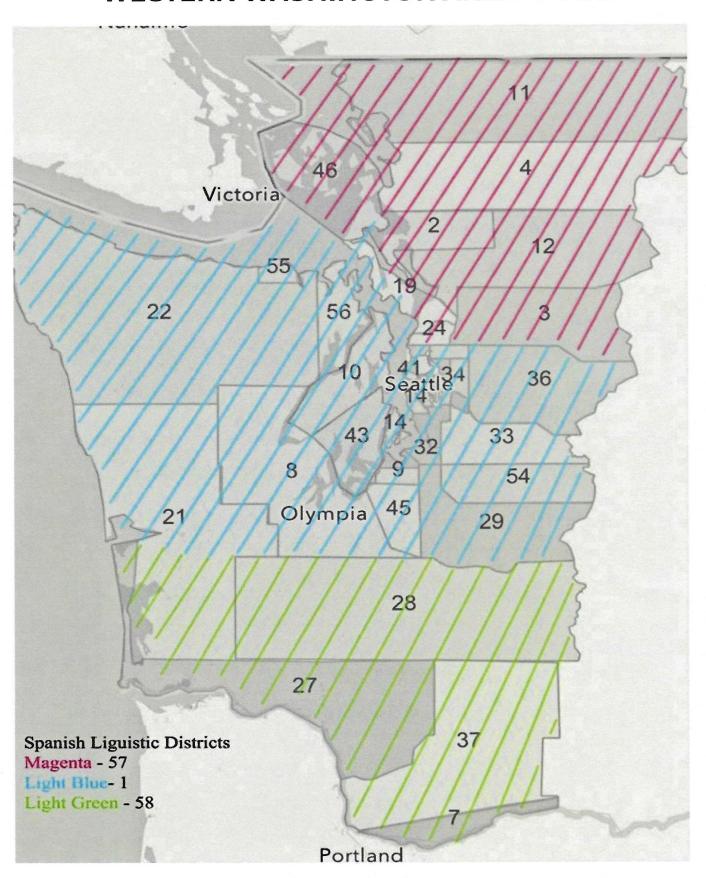
No one gets sober unless they want to.

Not if you beg them,

Not if you shame them.

Not if you use reason, emotion, or tough love. There's only one thing that makes someone sober: Their own realization that they need to do it.

#### **WESTERN WASHINGTON AREA 72 MAP**



<sup>\*\*</sup>We have 4 non- geographic districts - District 1, 57, & 58 are our 3 Spanish Linguistic Districts; District 25 is our Online District